Ryan Matthews Bio

Ryan Matthews, K-9 Mentalist, is a former military K-9 handler turned celebrity dog trainer. His unique ability to train dogs and improve communication between dogs and their owners has transformed the relationships of more than 3,000 pet-owner.

Ryan is widely recognized for his popular TEDx talks, guest appearances on reality TV, and interviews on local news and talk shows. Also, Ryan has an upcoming book called *Heel Your Dog, Heal Your Life*.

Despite earning nearly $1,000,000 in under three years, Ryan was faced with major life challenges and had to turn toward his reality. He is a combat veteran who has dealt with severe PTS, childhood trauma and multiple near-death experiences. Understandably, these events could have crippled any man; yet, Ryan fought back while leaning into the lessons of resilience and what he learned as an elite military dog handler. Ryan began to realize that dogs can be instrumental in healing human suffering because our canine companions have become more than just pets, and humans are instrumental in saving, rescuing, and changing the lives of dogs.
Ryan has a gift of being able to communicate with and understand dog behavior. To bridge the gap in communication, K-9 Mentalist was born. By using his K-9 Mentalist strategies, Ryan was able to tap into his ability to overcome obstacles while discovering a more purposeful way of life. Ryan’s vulnerability while speaking to the public has won over audiences, and most people see Ryan as the ultimate success story.

K-9 Mentalist, Ryan Matthews, uses his unique ability to form a lasting connection between people and their pets. His two TEDx talks, *Overcoming PTSD with Dog Training Techniques,* and *Let’s Treat Each Other More Like Dogs,* were just the beginning of helping people and canines on their journey to health and success. Ryan also developed an accessible, affordable online program with nearly 200 instructional dog training videos in his DIY Dog Training School. His goal with the DIY Dog Training School is to give training support for everyone that rescues a dog, so pets are no longer returned to a shelter to face euthanasia simply due to their naughty behavior.

Sadly, 90% of dogs returned to shelters are discarded due to lack of dog training or access to quality behavior modification. Ryan is determined to decrease the pet euthanasia rate by using his media presence and online resources. As the K-9 Mentalist, celebrity dog trainer, his heart is vested in the connection between all dogs and their humans – a connection that can
change countless lives. He is determined to have every dog owner bond with their pet and enjoy their special lifelong relationship.